

Spring Break: Then and Now

Once it was a wild week on a sunny beach. Now, you crave a kid-friendly escape—some advice for the transition.



Drinks

Remember double shots of tequila on the beach at sunset—and getting sick shortly after? Try the kinder, gentler tequila sunrise instead.



Sun

You used to slather on baby oil to bring on a sunburn. Now you swear by SPF 50. We know a lot more these days, don't we?



Fun

The waves were your friends, the rougher the better. You loved kicking out and cutting back. These days it's just about kicking back.

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THE PERFECT HOT SPOTS



SOUTHERN CAL COOL

Loews Coronado Bay Resort, Coronado, CA Bask in the sweeping ocean views. For kids: surfing, kids'/teens' clubs, San Diego's SeaWorld and Legoland. For you: gondola rides, tennis, spa, sailing. Food: modern French at Mistral, yummy Chez Loma in town. Rooms from \$179/night. loewshotels.com/coronadobay



LAKE LAND

Stonewater Cove Resort and Club, Shell Knob, MO Savor Table Rock Lake's clear waters. For kids: water sports, ziplining, horse riding. For you: hot stone massages, moonlit boat cruises. Food: fine lakeside dining. Inclusive from \$437/person/night. stonewatercove.com



FLORIDA REVISITED

Sandpearl Resort, Clearwater Beach, FL This eco-conscious destination pampers with luxury accommodations. For kids: dolphin encounters, aquarium tours, kids' club. For you: organic cooking classes, eco-tours, yoga, spa treatments. Food: tropical cuisine. Rooms from \$379/night. sandpearl.com



BURN-FREE When your kid just won't wear a hat, that little bare spot on his head is a magnet for the sun's rays. So slather it with sunscreen, along with his ears and neck.